

HIV – AIDS – HEP C

ACON (Aids Council of NSW)	1800 063 060
Gay & Lesbian Counselling Service	1800 184 527
Hepatitis Helpline	1800 803 990
PEP (post exposure prophylaxis) Hotline (24hrs)	1800 737 669

Allied Information & Counselling

Bereavement – Grief	4369 1431
Burnside (Family help)	1800 067 967
Wesley City Mission (counselling)	4351 0116
Coast Shelter Emergency Accommodation	4325 3540
Child Protection Helpline	132 111
Domestic Violence	1800 65 64 63
Eating disorders (Central Coast Health)	4356 9418
Homeless Persons Info.	1800 234 566
Kamira Rehab/Counselling	4392 1341
Kids Helpline	1800 55 1800
Lifecare (DV/General counselling/Anger Management)	1300 130 225
Lifeline	13 11 14
Men's Line	1300 789 978
Parent Line	1300 1300 52
Poisons Information	13 11 26
Rape Crisis/Sexual Assault (24hrs)	1800 424 017
Biala Cottage Sexual Assault (Gosford Hosp)	4320 3175
Relationships Australia	1300 364 277
Salvo Care Line (24hr Counselling service)	1300 363 622
Sexual Health/InfoLine	1800 451 624
Holden St Sexual Health Gosford Clinic	4320 2114
Telephone Interpreter Service	131 450
Victims Support Line	1800 633 063
Women's Health (Wyoming)	4324 2533

Self Help - Groups

AA Central Coast	4323 3890
Al-Anon (Family Groups)	1300 252 666
NA (CC meetings)	4325 0524
Nar-Anon (Families)	www.naranon.com.au
Family Drug Support	1300 368 186
Central Coast Gambling Solutions	4344 7992
G-Line NSW (Gambling)	1800 633 635
Quitline - tobacco	13 78 48
National Cannabis Info & Helpline	1800 30 40 50
SMART Recovery	4382 1472

After Hours Emergency Contact Numbers

**Ambulance or Police
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ADIS - Alcohol & Drug Information Service
(24hr advice, information & referral)

1800 422 599

YEAL - Youth Emergency Accommodation Line

1800 424 830

NSW Mental Health Telephone Access Line

1800 011 511

Useful websites

Contact Service for people living with HIV:

<http://www.positivelife.org.au>

NSW Department of Health:

<http://www.health.nsw.gov.au>

Australian Drug Foundation: <http://www.adf.org.au>

Australian Drug Information Network:

<http://www.adin.com.au>

Celebrate Safely: <http://www.celebratesafely.com.au>

The National Depression Initiative:

<http://www.beyondblue.org.au>

Information for Depression & Bipolar Disorder:

<http://blackdoginstitute.org.au>

Services for CC youth ages 12-25:

<http://www.ycentral.com.au>

Youth crisis accommodation website:

<http://www.yaa.com.au>

Directory of Drug & Alcohol Service Central Coast

Hours of operation are:

8.30am — 4.30pm

Monday — Friday

Telephone: (02) **4394 4880**

Services provided:—

- Intake over the telephone
- Inpatient Detoxification Unit
- Opioid treatment programs
- Individual and group counselling
- MERIT (Magistrates Early Referral into Treatment) Program
- Hospital Inpatient Consultation & Liaison
- Specialist Medical Assessment & Treatment
- Prevention programs
- Aboriginal Services
- GP Liaison Officer



Central Coast Drug & Alcohol Intake

Hours of Operation:

8.30am - 4.30pm, Monday to Friday

To access Drug and Alcohol services on the Central Coast for information, referral and/or advice:

Telephone: **4394 4880** — Facsimile: 4394 4881

Central Coast Cannabis Clinic:

Telephone: **4394 7999**

Central Coast Harm Minimisation Team

Needle & Syringe Program:—

Gosford	4320 2753
Long Jetty	4336 7760
Wyong	4394 8298
Woy Woy	4344 8472
Van/Mobile Car Phone	0412 436 044
Clean Up Hot Line	1800 633 353

Youth Services

Headspace Y-Central	4304 7870
Kids Helpline	1800 55 1800
Oasis Youth Centre	4353 9799
RAPT (Reconnecting Adolescents and Parents Team)	4325 9600
Youth Health (12yrs-24yrs)	4356 9333
Evolution Youth Service (Woy Woy) (12-17yr olds-referral, information, advice)	4342 3684

Youth Detox Services:-

Adolescent Withdrawal Unit (Ted Noffs) Watson ACT	1800 151 045
Nepean Hospital Detox	4734 1333

Youth Rehabs:-

Kedesh Adolescent Program Berkley	4222 1800
ONE80TC (previously Teen Challenge)	1800 679 657
Ted Noffs PALM (12-18yrs) ACT/NSW	1800 151 045
Triple Care Farm (16-24yrs) Robertson	4885 1265
Watershed D&A Recovery & Education Centre (15+yrs)	1800 818 872

Detox Units

Centre for Addiction Medicine (Westmead)	9840 3355
Gorman House, St Vincent's Hosp	9361 8080
Herbert Street Detox	9463 2533
Hunter Drug & Alcohol (Lakeview)	4923 2060
Jarrah House (women's)	9661 6555
Lyndon Withdrawal Unit (Orange)	6362 5444
Maruma-li Unit Wyong Hospital	4394 4880
Nepean Hospital	4734 1333
Odyssey House, Campbelltown	9281 5144
Ward 64 Concord Hospital	9767 8600
William Booth, Surry Hills (free)	9212 2322

Private Detox Units

Northside Clinic, Greenwich	9433 3555
Northside West Private Clinic	8833 2222
South Pacific Private, Curl Curl	9905 3667
St John of God, Burwood	9715 9200
St John of God, Richmond	4570 6100

Male and Female Rehabilitation

Bennelongs Haven, Kempsey	6567 4856
Canberra Recovery, Fyshwick	6295 1256
Foundation House, Rozelle	9810 3117
Freeman House, Armidale	6738 9000/6772 4475
Karralika, ACT	6163 0200
Kedesh House, Berkeley	4222 1800
Lyndon Community, Canowindra	6360 0740
Odyssey House, Campbelltown	9281 5144
The Buttery, Byron Bay	6687 1111
Ward 65, Concord Hospital	9767 8320
WHOS –Cessnock	4991 7000
William Booth, Surry Hills	9212 2322

Rehabilitation — Females (only)

Destiny Haven, Clarence Town	4996 5558
Detour House, Glebe	9660 4137
Guthrie House, Enmore	9564 5977
Jarrah House, Little Bay	9661 6555
Kamira Farm, Hamlyn Terrace	4392 1341
Kathleen York, Glebe	9660 5818
Phoebe House, Arncliffe	9005 1570
Selah Farm, Berkeley Vale	4388 4588
WHO's New Beginnings, Rozelle	8572 7433

Rehabilitation — Men (only)

Adele House, Coffs Harbour	6699 1031
Lake Macquarie Recovery, Morisset	4973 1495
Mission Australia, Surry Hills	9356 0600
Namatjira, Lismore	6628 1098
ONE80TC (16 – 35yrs) Yarramundi	1800 679 657
Oolong House, Nowra	4422 0644
Orana Haven Brewarrina	6874 4886
Sherwood Cliffs, Coffs Harbour	6649 2139
The Glen, Chittaway Point	4388 6360
The Leigh Community	9891 2473
WHO's Gunya, Rozelle	8572 7445

Rehabilitation — Couples/Families

Bennelongs Haven, Kempsey	6567 4856
Karralika, Canberra (family)	6163 0200
Lyndon Community, Canowindra	6360 0740
Odyssey House, Campbelltown	9281 5144
Sherwood Cliffs, Coffs Harbour (Legally married couples and families)	6649 2139
Weigelli Centre (Aborigines) Woodstock	6345 1803

Dual Diagnosis Rehabilitation

Grow Australia, West Hoxton	9606 0579
Kedesh, Berkeley	4222 1800
Lake Macquarie Recovery Centre, Morisset	4973 1495

Opioid Treatment Programs

Clinic 36 (Chippendale-private)	9211 2311
Herbert St Pharmacotherapy Unit	9462 9177
Kullaroo/Wallama-Central Coast	4394 4880
Sydney Private Clinic RNSH	9901 4231
Sydney Rd Centre, Manly	9949 1099
Newcastle OTP	4016 4514

OTP Rehabs

Bennelongs Haven, Kempsey	6567 4856
Phoebe House (Women)	9567 7302
Wayback Ltd, Harris Park	9633 4800
WHO's MTAR, Rozelle	8572 7477
WHO's RTOD, Rozelle	8572 7474
MACS (Methadone Advice & Conciliation Service)	1800 642 428